#### LISTING OF THE CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

# Claim 1 (Currently Amended)

A sliding board comprising:

at least one guide element for arranging additional elements on the upper side of the sliding board, said guide element being connected to the sliding board via a plurality of fastening elements for arranging additional elements on the upper side of the sliding board, the sliding board having an upper skin and a lower skin, a running surface, and a foamed core;

wherein the guide element is arranged by at least one of the fastening elements in a positionally fixed manner with respect to on the sliding board, and is allowed limited mobility in the longitudinal direction of the sliding board by the at least one other fastening elements, and

wherein the at least one fastening element fixing the guide element in a positionally fixed manner has been is integrated into the foam during by foaming of the core and hardening of the foam.

# Claim 2 (Original)

The sliding board as claimed in claim 1, wherein the guide element is arranged in a positionally fixed manner in one of its end regions in the longitudinal direction.

# Claim 3 (Original)

The sliding board as claimed in claim 2, wherein said end region is that end region which lies closer to the center of the sliding board.

# Claim 4 (Original)

The sliding board as claimed in claim 1, wherein the fastening element arranging the guide element in a positionally fixed manner is firmly connected to the guide element.

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# Claim 5 (Original)

The sliding board as claimed in claim 1, wherein the fastening element arranging the guide element in a positionally fixed manner is made in one piece with the guide element.

# Claim 6 (Currently Amended)

The sliding board as claimed in claim 1, wherein the other fastening elements holds the guide element positioned <u>fixed</u> at least in the vertical direction and in the transverse direction <u>of</u> the sliding board.

# Claim 7 (Currently Amended)

The sliding board as claimed in claim 6, wherein the other fastening elements are is anchored firmly in the sliding board, the guide element being arranged for limited movement in the longitudinal direction in relation to the said other fastening elements.

# Claim 8 (Currently Amended)

The sliding board as claimed in claim 7, wherein the other fastening elements have been is integrated into the foam by during foaming of the core and hardening of the foam.

# Claim 9 (Currently Amended)

The sliding board as claimed in claim 7, wherein the other fastening elements have been is anchored firmly before foaming to parts integrated into the foam by during foaming of the core and hardening of the foam.

# Claim 10 (Currently Amended)

The sliding board as claimed in claim 6, wherein the guide elements have has a receiving locations for the other fastening elements, which receiving locations have has clearances in the longitudinal direction of the sliding board for limited mobility of the guide elements in relation to the sliding board.

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#### Claim 11 (Currently Amended)

The sliding board as claimed in claim 1, wherein the guide element is, together with the other fastening elements, arranged for limited movement in the longitudinal direction in relation to the sliding board.

# Claim 12 (Currently Amended)

The sliding board as claimed in claim 11, wherein the other fastening elements are, is in the interior of the sliding board, arranged for limited movement on a receiving parts which is have been integrated by during foaming of the core and hardening of the foam.

# Claim 13 (Currently Amended)

The sliding board as claimed in claim 12, wherein the receiving parts provided in the interior of the sliding board for the fastening elements are is a components of a framework or the like.

# Claim 14 (Currently Amended)

The sliding board as claimed in claim 12, wherein the receiving parts have has a receiving openings in which the other fastening elements are is held in a positionally fixed manner at least in the vertical direction and in the transverse direction.

# Claim 15 (Currently Amended)

The sliding board as claimed in claim 14, wherein the other fastening elements are is arranged for limitedly movement in the longitudinal direction of the sliding board in the receiving openings of the receiving parts and also for limited movement in relation to the upper skin.

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# Claim 16 (Currently Amended)

The sliding board as claimed in claim 14 or 15, wherein <u>a</u> clearances are <u>is</u> provided in the longitudinal direction of the sliding board in <u>an</u> openings in the upper skin passed through by the other fastening elements and in the receiving openings.

#### Claim 17 (Currently Amended)

The sliding board as claimed in claim 12, wherein the other fastening elements are is held or anchored in the receiving parts in the interior of the sliding board by snapping-in, locking or the like.

# Claim 18 (Original)

The sliding board as claimed in claim 1, wherein the fastening elements are arranged in openings formed in the upper skin.

# Claim 19 (New)

A sliding board comprising:

at least one guide element for arranging additional elements on the upper side of the sliding board, said guide element being connected to the sliding board via a plurality of fastening elements which are spaced apart from each other in a longitudinal direction of the sliding board, the sliding board having an upper skin and a lower skin, a running surface, and a foamed core;

wherein the guide element is arranged by at least one of the fastening elements in a positionally fixed manner with respect to the sliding board, and is allowed limited mobility in the longitudinal direction of the sliding board by at least one other fastening element, and

wherein the at least one fastening element fixing the guide element in a positionally fixed manner is integrated into the foam by foaming of the core and hardening of the foam.

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